

WATER COMPARISON CHART

WATER	COUNTRY	ARSENIC	NITRATES ¹	SODIUM	TOTAL DISSOLVED SOLIDS ²
		µg/l	mg/l	mg/l	mg/l
FILETTE	ITALY	absent	0,3	3,6	209
AMOROSA	ITALY	0,8	4,20	4,7	28
EGERIA	ITALY	ND	36	41,5	650
FABIA	ITALY	ND	7,19	17,40	460
FERRARELLE	ITALY	ND	4	50	1370
FIUGGI	ITALY	1,85	7	6,4	122
GAUDIANELLO	ITALY	ND	3	129	1125
LAURETANA	ITALY	0,019	1,9	1,2	14
LEVISSIMA	ITALY	ND	1,5	1,9	80,2
LURISIA	ITALY	ND	1,30	2,6	35
NATÍA	ITALY	ND	9,5	29	315
NEPI	ITALY	5	12	29,9	576
NORDA	ITALY	3,373	3,50	1,9	60
PANNA	ITALY	0,355	2,90	6,4	139
QUARZIA	ITALY	ND	13,26	1,5	235
ROCCHETTA	ITALY	0,198	1,42	4,52	177,5
SAN BENEDETTO	ITALY	ND	8,5	5,8	272
SAN PELLEGRINO	ITALY	ND	2,9	33,6	948
SANGEMINI	ITALY	ND	0,75	19,5	932
SANT'ANNA DI VINADIO	ITALY	5,22	0,76	1,2	43,2
SAN FELICE	ITALY	ND	12	18,5	180
SURGIVA	ITALY	ND	4,7	1,5	44
ULIVETO	ITALY	ND	7,2	73,1	762
ANTIPODES	ARGENTINA	ND	1,5	11	130
EVIAN	FRANCE	ND	3,8	5	309
PERRIER	FRANCE	ND	7,8	9,5	480
TAU	WALES	ND	<0,1	21,4	208
FINÉ	JAPAN	ND	ND	8,7	ND
OGO	NORWAY	ND	1,5	8,5	300
VOSS ³	NORWAY	ND	ND	6 90	44 290
HILDON	UK	ND	6	7,7	312
ELSENHAM	UK	ND	<0,3	22	400

¹ According to the World Health Organization, the recommended levels of nitrates in drinking water are below 10 mg/l.

² Except different medical advice, mineral waters containing TDS levels between 50 and 500 mg/l are the best recommended waters for daily use.

³ Artesian water.

Data sources: Label / official website / acqueitaliane.fondazioneamga.org / finewaters.com. (last update: 2014); for "Hildon" and "Elsenham": label / "Acque Minerali Bibite e Succhi 2007/2008" Beverfood Edizioni S.r.l. (last update: 2007/2008).